



BUDDIES 2021

SIR HENRY FLOYD GRAMMAR SCHOOL

7 ASCOTT - BUDDIES



“I know it sounds cliché but don't panic, panicking gets you nowhere but overwhelmed”



“don't be afraid to ask questions- people will always be happy to help you”



“Just relax, the school is a friendly environment and there is always someone to help you in lessons and outside.”



“I want to ensure that you are comfortable around such a big and daunting school especially with the older students by being kind and supportive to set a good example.”



“Don't be afraid to ask questions or ask for help if you need it, I know starting a new school can be daunting and overwhelming but everyone is in the same position as you even if it doesn't always feel like it.”

7 CLAYDON - BUDDIES



“Try to meet new people and form friendships early on! It makes the process easier and smoother.”

“Remember to pack your bag the night before because it makes your mornings a lot less stressful.”

“Don't leave your homework until last minute! Make sure it's done early so that you stay on top of your school work!”

“Just have fun and take any opportunity that comes your way.”

7 HARTWELL - BUDDIES



"Don't be afraid to ask questions when you are lost or confused. We have all been in the same situation as you before and will happily help you."



"Always bring a bit more than you think you'll need, be it an extra snack or a couple of extra pens or a notebook. It's a lot easier to carry two or three more things in your bag than to not have enough."



"I understand how daunting a first day of school is, the new environment, the new and tall people! But, do not be afraid to ask for help, ask us or other students if you are lost. And most importantly enjoy yourself, there is such a wide and diverse range of things to do so get stuck in!"



"Don't be afraid to talk to new people - they are in the same boat as you"



"Do not be afraid to ask for help or put up your hand because you are in school to learn and it is alright to not understand"

7 MENTMORE - BUDDIES



"Don't be shy, everyone is in the same boat as you. Have a go at everything, you might find something new you enjoy, whilst also new friends who share the same passion."



"My top tip would be if you want to make a friend, just talk to someone. People love to talk about themselves so just ask them loads of questions and tell them about yourself and that's how I made all of my friends"



"Everyone makes friends, so don't worry, just make as many as you can. :)"



"just be yourself"



"I think the best thing to do to make life easier is to be organised and try to do things as early as possible. Whether this be homework, revision, packing your bag or pe kit, ingredients for food science, etc, it is always so much more stressful done last minute."

7 STOWE - BUDDIES



Photo not available



“Try and be as sociable as possible because everyone is nervous and it helps to make friends with people in your form.”

“Interact with people to build your self-confidence. Make friends that bring out the best in you. Don't overthink it and stay positive, all the other Year 7s are going through the same thing you are.”

“Don't be afraid to ask for help. That is what we are all here for! :-)”

“Smile and ask questions to your peers to get to know them better!”

“My top tip f is to make as many friends as possible, because having good people around you can make your school experience much better”

7 WADES DON - BUDDIES



“just be yourself, ask as many questions as you want and enjoy secondary school!”



“It is a good idea to memorise your timetable as it makes easier to go to your next lesson”



“Don't be afraid of trying new things. Everyone is going to be in the same boat as you.”



“Make sure you are friendly and try to talk to people on the first day so you know lots of people and you have lots of friends to make everyone feel welcome :)”

